



# SymptomCareAnywhere™

Measure, Inform, Empower ➔

## About SymptomCareAnywhere®

*SymptomCareAnywhere™ facilitates symptom self-management and improves patient outcomes through a HIPAA-compliant remote symptom management system. Patients report/track their symptoms, receive tailored educational articles, and request a nurse's call. Providers receive symptom alerts, access patient symptom records, view trend charts with symptoms and interventions, report symptoms for patients, and address symptom triage reports.*

## Monitor, Assess, and Manage Patient Symptoms From Anywhere!

Connecting patients with educational and professional symptom triage support. Connecting providers with knowledge about and tools to improve their patients' symptom status.



### Measure

Symptom status made easy

Simultaneously helping providers and patients to measure cancer-related symptoms through a web and phone-based symptom-reporting tool that covers severity rating and follow-up questions for 15 common symptoms, 5 of which are PROMIS Item Banks.

### Inform

Informing patients and providers

Symptom information made easy. Patients can report/track their symptoms, read just-in-time educational content, and request a follow-up call from a nurse. Providers know more about their patients symptoms through receiving alerts and referencing trend charts.

### Empower

Empowering symptom management

Harnessing the benefits of remote symptom management, patients are empowered to know more about their symptoms, learn how to manage their symptoms at home, and rest assured that their care team monitors their symptom reports.

## Proactive Symptom Care... From Anywhere!

SymptomCareAnywhere monitors and responds to patient-reported health statuses and provides patients with educational and professional symptom triage support. Connecting providers with knowledge about and tools to improve their patients' symptom status.

### Making the Treatment Connection:

SymptomCareAnywhere connects patients with remote educational and professional symptom triage support. Patients use a symptom-reporting interface to report their symptoms and then receive a summary of their current symptom reporting session, a graphical history of all symptoms that they have reported, and tailored just-in-time educational materials that are based upon symptom severity. Also, with the intent to increase the support available to a patient that is experiencing moderate to severe symptoms, the system automatically notifies a designated care team professional about the symptom report via an email or paged alert.

The care team providers access SymptomCareAnywhere through a provider portal. This portal is designed to allow the provider to comprehensively respond to a patient's report of symptoms through easy graphical access to a patient's symptom and intervention history. Additionally, the provider can also view and document responses to a current symptom report alert. The overall purposes of the patient and provider systems are to make remote symptom care support more readily available to the patient and easier to provide for the provider.

### Challenges of Home-Based Symptom Management

Patients face multiple challenges with home-based symptom management including a difficulty with remembering in-clinic information about treatment side effects and its management. When experiencing symptoms, patients are often unsure as to when to seek medical attention thus leaving symptoms that could be mediated unchecked, which severely impact the patient's quality of life.

### Key Features:

SymptomCareAnywhere facilitates home-based symptom management through: electronic delivery of patient reported outcome (ePROs) measures, including PROMIS Item Banks; rules-based algorithm that triggers symptom alerts; delivery of tailored symptom-specific patient education materials; patient summary of reported symptoms; trend chart of individual patient's symptom and medical intervention history; a provider "notes" area for patient records; provider-based symptom reporting; email/pager symptom alerts to care team; and documentation of symptom alert's triage instructions.



#### Measure

*Cancer-related symptoms for quick and accurate evidence-based insights*



#### Inform

*Care teams of patient health status & deliver personalized educational content*



#### Empower

*Patients with real-time insights, symptom history & triage options*